

January 2018

*HDM to receive Option A.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  CENTER CLOSED in Observance Of New Year's Day!	2 Sicilian Spaghetti with Meatballs Simmered in Fresh Sauce	3 Chile Egg Puff Senior Center Favorite!	4 Mediterranean Meat Stew Slow simmered stew in a bouquet of Mediterranean herbs 	5 Coconut Curry Chicken Chicken topped off with a slow simmered Coconut Curry Sauce
8 Pasta Bolognese Pasta with slow simmered Meat Sauce	9 Honey BBQ Chicken Chicken topped with a Honey BBQ Glaze	10 The "MacDonald" Turkey Burger (Whole Grain Bun & Turkey Patty)	11 Pescado Veracruz Fish Fillets braised with Tomatoes, Capers, Olives, & Herbs	12 Pork Hash A Slovenian dish made of minced pork, potatoes, onion, garlic, cheese and baked in an egg scramble.
15 Sweet & Sour Chicken Chicken that is smothered in sweet and sour sauce 	16 Egg Salad Sandwich In-house made to ensure freshness!	17 Balsamic Glaze Chicken A Senior Center Favorite! Chicken with Balsamic Sauce	18 Beef Bourguignon Classic hearty meat dish simmered with carrots, potatoes and mushrooms.	19 Julio's Pepian Chicken Guatemalan Chicken with tomatillos, poblano peppers, garlic and capers topped with a lime wedge.
22 Italian Pork Loin Roasted loin topped with tomato sauce and a blend of cheese & herbs	23 Beef Taco Salad Savory Meat served over Crispy Tortillas and topped with Lettuce, Tomato and Cheese	24 Roasted Fish and Salsa! Fish topped with Salsa, Crushed Tortilla and Cheese	25 Chef's Cajun Jambalaya Chicken tossed in a Zesty Tomato Sauce & Corn	26 Beef Stroganoff A Russian Dish of beef sauté and sour cream sauce served over noodles.
29 Chicken Milano Chicken with garlic, sun-dried tomatoes and fresh basil.	30 Roasted Pork Loin and Gravy Taste of Home Roasted Pork Loin with gravy	31 Broccoli Beef Sliced steak and broccoli are quickly cooked in a soy-ginger sauce	  Celebration of Life	

The mission of the SCV Senior Center is to promote quality of life for seniors.
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